

Spiritual Communion Prayer Service

St. John the Evangelist, Severna Park

Make the Sign of the Cross:

In the Name of the Father and of the Son and of the Holy Spirit.

Take a Moment and Acknowledge your Sins before God:

I confess to almighty God that I have greatly sinned in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

Optional: prayerfully reflect upon the daily readings (<http://www.usccb.org/bible/readings>)

Prepare to make a spiritual communion:

Lamb of God, who takes away the sins of the world, have mercy on us
Lamb of God, who takes away the sins of the world, have mercy on us
Lamb of God, who takes away the sins of the world, grant us peace

Spiritual Communion Prayer:

My Jesus,
I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.

Thank you, Jesus for coming into my heart.
Amen.

Make the Sign of the Cross:

We pray all of these things
In the Name of the Father and of the Son and of the Holy Spirit.